



# LISTOS



## What is Listos?

Listos means “Ready” in Spanish.

This 8-hour course is designed to prepare community members to support themselves and their neighbors.

It can be taught to neighborhood associations non-profits, faith-based organizations, schools, and other community institutions.

- Presents the basics of preparedness in four (4) consecutive discussions;
- Empowers participants to educate their network, neighborhood or other groups;
- Includes basic first-aid training;
- Great for community capacity building;
- Steppingstone to CERT;
- and available in 13 languages



## OPTIONS OFFERED

- |                   |                         |
|-------------------|-------------------------|
| • <b>OPTION 1</b> | One (1) 8-hour class    |
| • <b>OPTION 2</b> | Two (2) 4-hour classes  |
| • <b>OPTION 3</b> | Four (4) 2-hour classes |

### City/Organization should:

- Identify a group and their leaders that want LISTOS training;
- Facility/location-private home, park, work facility, restaurant, church;
- (Parking, climate control, snacks, childcare);
- Promotion of program

### County will provide to Cities/Organization:

- Training to community leaders to teach LISTOS;
- Books, Displays and Resources;
- Trainee Graduation Certificates;
- Promotion of Program;
- Instructors